

## Wedding Day Beauty - Part 1

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From the moment you accept his proposal, the planning begins. And, that includes, deciding on how you want to look on your special day. At least six months prior to the wedding, assemble your glam squad. Research and decide on your, makeup artist, hair stylist, personal trainer, nail technician, aesthetician, and possibly a dermatologist. This is to ensure that you get booked with your first choice of professionals.

- ❖ Depending on what time of the year that you're special day is on, will determine the colors you'll want to use for your makeup. When you meet with your makeup artist, wear a shirt that is the same color and, possibly the same, or, similar neckline of your dress. Once the look and colors have been determined, record the colors in your day planner and your blackberry. More than likely, your makeup artist will keep a record and a photo as well.
- ❖ What shape are your eyebrows in? Are they too thin, bushy, or, have you ever had them professionally shaped? Eyebrows frame your face, and depending on the shape, they can make you look angry, tired, or surprised if arched incorrectly. Schedule an appointment with an eyebrow specialist who can shape and even tint if necessary.
- ❖ To obtain head to toe glowing skin, schedule monthly facials with your aesthetician, and bi-monthly add the full body polish and hand treatments to your spa day. If, by chance you have problem skin, be sure to get into the dermatologist office to decide the best treatment so that you're skin is smooth as silk on your wedding day. Also, make sure the doctor you visit is experienced in working with African American skin color.
- ❖ Gather photos of various hairstyles that you like and bring them to your stylist. This is the time to have your hair styled in a variety of looks, this will allow you to discard the looks that aren't complimentary, and, you will know find out what styles your hairdresser is capable of creating. If you're considering a different color than you're currently wearing, now is the time to experiment. If you plan to go shorter or longer purchase a few wigs that resemble the look before you cut, color, or, weave your own tresses. If you decide to go with a weave, make sure that the work is of high quality. View the hair extensionists' portfolio and, ask to contact a few of their clients to make sure that what you see in the book is what you're actually getting.